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QUEEN CITY
GASTROENTEROLOGY
& HEPATOLOGY

POST P.E.G Removal

Diet:

1. After P.E.G. Removal please **DO NOT** eat anything for 6 hours.
2. At _____ (am/pm) you may have clear liquids only.
3. At _____ pm you may start having light meals.
4. Tomorrow morning you may resume your normal diet again.

Care of Site:

1. Keep gauze bandage on the site for the rest of today.
2. **DO NOT** bath/shower until tomorrow.
3. Tomorrow morning, carefully remove and change the gauze dressing.

If you have any questions, please call QCGH office at 704.362.4403