

You are scheduled to have a Colonoscopy at \_\_\_\_\_\_ on \_\_\_\_\_ on \_\_\_\_\_ You must report to the Endoscopy Center at \_\_\_\_\_ to check in.

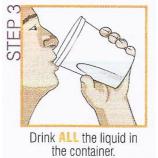


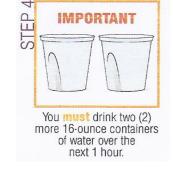
## The day prior to your procedure:

- Liquid diet from the time you awake in the morning including: Water, Coffee, tea, juices and soda. You may also have popsicles, broth and Jell-O (NOTHING RED IN COLOR – NO MILK).
- At 7:00 pm the evening before your procedure complete steps 1 through 4 using (1) 6-ounce bottle of Suprep before going to bed.
- 3. At \_\_\_\_\_\_ the morning of your procedure, repeat steps 1 through 4 using the other 6 ounce bottle of Suprep.









## 4. Nothing to eat or drink after midnight.

5. No Plavix, 5 days prior to the procedure unless otherwise allowed by your physician.

## The day of your procedure:

- 1. You must be accompanied by a friend or relative to drive and/or assist you home. Taxi service or city transportation will not be accepted. If you do not have anyone with you, your procedure will be cancelled and rescheduled for a later date.
- 2. Hold all Diabetic medications the morning of your procedure.
- 3. All other medications may be taken the morning of your procedure unless instructed otherwise.

If you have any questions, please contact the QCGH office at 704-362-4403

QCGH Suprep Instructions.doc2011