



## QUEEN CITY

### GASTROENTEROLOGY & HEPATOLOGY

320 Lillington Ave, Suite 101

Charlotte, NC 28204-3189

## **Colonoscopy Instructions**

You are scheduled to have your procedure at:

**Date of Procedure:** \_\_\_\_\_ **Arrival Time:** \_\_\_\_\_

Please have your prescription for the bowel preparation filled as directed at least 72 hours prior to the procedure. Follow the instructions listed below carefully to prepare for your procedure.

- **NO** Coumadin or Plavix for seven (5) days prior to the procedure unless otherwise advised.

### **Starting the day before your procedure:**

1. **ALL DAY, ALL LIQUIDS** which include: Broth, water, juices, tea, soda, and Jell-O (**NOTHING RED IN COLOR and NO MILK or MILK PRODUCTS**).
2. If you have diabetes, **PLEASE DO NOT TAKE** your insulin or oral diabetic medications the morning of your procedure.
3. The day prior to your procedure, mix the solution (bowel prep kit) with water and refrigerate.
4. 5:00 PM begin drinking the bowel preparation kit. Drink one 8 oz glass every 10 minutes until the entire container is finished. Within 1-1 1/2 hours, you should start having bowel movements. You **SHOULD FINISH** the entire container. Remember .... If your colon is not cleansed, the examination will not be useful and will need to be repeated.
5. **NOTHING TO EAT OR DRINK AFTER MIDNIGHT** the night before your colonoscopy.

### **The day of your procedure:**

1. If you are diabetic. **PLEASE DO NOT TAKE** your morning insulin or oral diabetic medications. Bring it with you and take after your procedure is completed.
2. **NO** Coumadin or Plavix for seven (5) days prior to the procedure unless otherwise advised.
3. All other medications (other than the ones listed above) may be taken as directed the morning of your procedure with little sips of water, unless told otherwise.
4. You will be given intravenous sedation for the colonoscopy. **YOU WILL NOT BE ABLE TO DRIVE THAT DAY!!** A responsible adult must be able to drive you to the procedure and drive you home safely. Bus and taxi service will not be accepted. Verification of transportation will be done; otherwise you will need to be rescheduled for the next available endoscopy day.

**If you have any questions, please the QCGH office at 704-362-4403**