



QUEEN CITY

GASTROENTEROLOGY
& HEPATOLOGY

320 Lillington Ave, Suite 101
Charlotte, NC 28204

EGD/ Upper Endoscopy Instructions

Date of Procedure: _____

Arrival Time: _____

Please follow the instructions below to help prepare you for your procedure:

1. Nothing to eat or drink after midnight, the night before your procedure.
2. Diabetic oral agents (pills) and insulin should not be taken the morning of the procedure.
3. You will be receiving some intravenous sedation for the procedure. YOU WILL NOT BE ABLE TO DRIVE THAT DAY. You must arrange for a responsible adult to be with you the day of your procedure and to drive you home safely.

If you have any questions, please contact the QCGH office at 704-362-4403